

About Our Practice Accreditation

We successfully applied for practice accreditation so that our clients know that their footcare is being provided within a safe environment. The accreditation scheme, amongst other things, also requires that:

- All reusable instruments are properly cleaned and sterilised before they are used
- Podiatrists engage in continuing professional development to keep their knowledge and skills up-to-date
- Patient confidentiality is to be respected and proper care taken with patient records, both when used and later when they are destroyed
- We explain foot treatment options, where appropriate, and cost, so that you can make an informed choice as to the foot treatment you receive
- Appropriate referral pathways exist for patients who need specialist care
- Our practice's working methods are constantly reviewed

In achieving accredited status, not only did we undertake to carefully review our practice, we also asked another registered podiatrist to check our findings, and agreed to our podiatric practice being inspected by independent inspectors appointed by the Society of Chiropractors and Podiatrists. We therefore feel that you can be confident in the footcare that you receive.

Other services offered at this practice

- General podiatry / chiropody
- Diabetic foot care
- Verruca treatments
- Orthoses
- Consultant Podiatric Surgeon clinic
- Ingrowing toenail surgery
- Biomechanical / gait assessments
- Low level laser therapy
- Wider fitting shoe service
- Reflexology
- Physiotherapy
- Massage

How to find us

From the M25 Junction 11 follow signs to Weybridge. The practice is located just past The Ship Hotel.

Weybridge is on the following major bus routes 51, 436, 461 & Peterbus 4.

Public Car Parking is available opposite the practice.

The Footcare Centre

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"The **care, professionalism** and **time** that your feet deserve"

Long-standing
Corns or
Verrucae?

What is Electrosurgery?

Electrosurgery uses electrical currents to destroy skin lesions.

How is it performed?

Our electrosurgery unit creates a controllable low power electrical current between an electrode and a plate held against the skin. This enables us to target and destroy localised areas of tissue (such as verrucae or corns) at the site of the operating electrode.

Does it hurt?

The foot is anaesthetised for the procedure by local anaesthetic.

Your podiatrist will have chosen the best method of numbing the area in question.

Discuss with the podiatrist about bringing a friend or family member with you or even your favourite CD to play in the surgery... whatever will help you feel confident and relaxed.

Post-operatively

When the anaesthetic wears off it is to be expected that there may be some discomfort initially. This can usually be managed with over-the-counter pain relief.

The wound created usually heals quickly over a matter of weeks. Sensible shoes and as much rest as possible will help the healing process.

You can normally go back to work soon after the procedure. Discuss this further with your podiatrist.

We will see you for regular dressings and check ups.

How successful is it?

The success of electrosurgery is dependent on a number of factors, some of which are discussed below:

Corns These are pressure lesions and may have some associated scar tissue. Treatment with electrosurgery may resolve some corns, however if underlying factors such as pressure and abnormalities with the way you walk are not addressed, then the corn may return with time.

To increase the long-term success, your podiatrist may also recommend orthoses.

These devices are tailored to each individual patient and help remove the abnormal pressures and forces on the foot and skin that lead to corn formation. (See leaflet 'Biomechanics and Orthotic Therapy')

Verrucae Verrucae are difficult lesions to treat. Electrosurgery is one of the more radical methods of verruca ablation and is therefore an option where other therapies such as cryosurgery or caustics have failed. As with other verruca treatments we are not able to guarantee the success of electrosurgery.

The success of your electrosurgical treatment for your corn or verruca may be increased by repeating the procedure if the lesion reoccurs.

Is it suitable for everyone?

Like all surgical procedures, the outcomes are linked with your own general health and medical or surgical history. Your podiatrist will carry out a full assessment prior to your electrosurgery, to ensure you are a suitable candidate.

Treatment plan costs vary and will be discussed with you at your assessment.

BOTH FEET WILL NOT BE TREATED AT THE SAME TIME